ﾁｴﾆ ﾜﾂ邉ﾘｽ ﾒｱﾘﾅﾁﾍｽﾁｪｲ

･ｫ･ﾆ･ｴ･ : ｣ｲ｣ｰ｣ｱ｣ｰﾇｯﾅﾙ
_MD_POSTEDONﾅ ﾆｼﾔ: ､ﾉ､､ ｷﾇｺﾜﾆ 2010-9-7

｣ｲ｣ｰ｣ｱ｣ｰﾇｯ｣ｸｷ鈞ｲ｣ｸﾆ ｡in⟫ ﾈｾﾅﾄ

ﾁ睆邱 ﾌ

｣ｱｰﾌ ﾃ豬 ﾂ邉ﾘ1ｻ ｴﾖ47ﾊｬ20ﾉﾃ93
｣ｲｰﾌ ﾌｾｸﾅｲｰﾂ邉ﾘ 1ｻ ｴﾖ48ﾊｬ03ﾉﾃ09
｣ｳｰﾌ ｰｦﾃﾎｶｵｰ鯆邉ﾘ 1ｻ ｴﾖ51ﾊｬ14ﾉﾃ87
｣ｴｰﾌ ｻ ﾘｴﾛﾂ邉ﾘ 1ｻ ｴﾖ51ﾊｬ39ﾉﾃ59
｣ｵｰﾌ ｿ忞ｳｽ ﾘｱ狡邉ﾘ 1ｻ ｴﾖ55ﾊｬ03ﾉﾃ86

ｸﾄｿﾍｷ ﾌ

5000m ﾎ ﾚ｡｡ｰ｡ﾍｳｻﾒ｡ﾊ｣ｱ｡ﾋ 16'16"97 ⟫
ｳﾀﾄﾅ｡｡ﾆ猜 ｡ﾊ｣ﾍ｣ｲ｡ﾋ16'27"47 SB
ﾁｾｺｬｸｶ｡｡ｲﾚｻﾒ｡ﾊ｣ｴ｡ﾋ 17'51"36 ⟫
ｰﾂﾀ釭｡ﾍｵｻﾒ｡ﾊ｣ﾍ｣ｲ｡ﾋ 18'16"34 SB
ｻｳﾋﾜ｡｡､ｷ､ｪ､遙ﾊ｣ｵ｡ﾋ 18'20"46 ⟫
ｸ ﾄ｡｡ｿｿﾊ譯ﾊ｣ｴ｡ﾋ 18'21"67 SB
ﾁ ｩ｡｡ﾎ､ｺ鬘ﾊ｣ｱ｡ﾋ 18'23"33 SB
ｾｾｸｶ｡｡､ﾊ､ﾊ､ﾟ｡ﾊ｣ｳ｡ﾋ 18'59"93 SB
ｶ睟｣｡｡ﾆ ﾂﾍ ｡ﾊ｣ｳ｡ﾋ19'18"38 ⟫
ｹ篌萏｡ｲﾃﾀ､ｻﾒ｡ﾊ｣ｱ｡ﾋ 19'23"47 ⟫
ﾂ醂釭｡ｿﾎｻﾒ｡ﾊ｣ｴ｡ﾋ 19'32"12 ⟫
ﾋﾒﾌ釭｡､｢､讀ﾟ｡ﾊ｣ｴ｡ﾋ 21'55"45 SB ⟫ ⟫ ｾﾜ､ｷ､､ｷ ﾌ､ﾏ
､ｳ､ﾁ､ ､ ｴﾍ ｯ､ﾀ､ｵ､､｡｣